

CHILDREN, PREGNANT AND NEW MOTHERS SHOULD NOT CARRY OUT LITTER PICKING

VOLUNTEERS SHOULD NOT TAKE DOGS WITH THEM WHILST LITTER PICKING

Task or Area Description:	
Task: Litter picking	Area:

Hazards Identified and how harm may occur	Control measures in place	Risk Rating H/M/L	Further Action required?	Action by who?	Action by when?	Date Done
No Training, Instruction and Information	Training on operation of litter picker provided to Group Leader Any relevant information provided by TVBC to Group Leader on area to be litter picked	L	To cascade training/information to all volunteers	Group Leader	Before start of litter pick	
Animals – Domestic, farm and wild – attack	Do not touch loose dogs Do not enter areas where farm animals are fenced in Avoid contact with wild animals e.g. rats (snakes unlikely) Seek medical attention immediately if bitten or scratched	L	Remind volunteers of the control measures	Group leader	Before Start of Litter pick	
Lifting heavy objects – strains	Do not move or lift heavy objects. Two handed lifts may be appropriate. Break down load into smaller manageable loads. Use good lifting technique. Ensure volunteers are fit,	L	Remind volunteers of the control measures Remember to use strong leg muscle to lift and keep back straight Refer heavy items to TVBC for collection	Group Leader Group Leader And TVBC	Before start of litter pick At end of litter	

	consider age and capability. No children, pregnant or nursing mothers to lift. Stop immediately if any pain or discomfort and seek medical advice if pain persists				pick	
Hazardous substances – contamination, potential poisoning	Do not approach or remove containers which could contain/have contained hazardous substances.	M	Remind volunteers of control measures. Group Leader to refer hazardous substances to TVBC Volunteers to advise Group leader if aware of any substances	Group Leader TVBC All volunteers	Before start of litter pick When advised During and at end of litter pick	
Steep slopes/pot holes/rabbit holes, ground conditions generally. Hedges, fences, walls and ditches – slips, trips and falls	Do not pick on or close to the edge of steep slopes Awareness of potential for potholes, uneven ground or rabbit holes. Avoid potentially dangerous areas and choose safest route over difficult ground Awareness of weather conditions – may be damp Wear sturdy boots with ankle support – remove excess mud regularly Take care negotiating stiles particularly when wet and muddy. Avoid climbing over wall and fences and crossing ditches	M	Remind volunteers of control measures Advise them that first aid box available, if required	Group Leader All volunteers	Before start of litter pick	
Water, marshes, bogs – slips, trips, falls, drowning	Avoid collection close to river banks	L	Remind volunteers of control measures	Group Leader	Before start of	

	Do not go on to marsh/bog areas Do not walk on frozen water Work in pairs close to water				litter pick	
Electric fences - shock	Survey area to identify Always assume electric fences at live Avoid contact at all times	L	Remind volunteers of control measures Seek medical attention in the event of injury	TVBC Group Leader	Week prior to litter pick Before start of litter pick	
Highways – impact with vehicles	No children to work on highways Wear High visibility clothing Keep away from edge of road as far as possible – any doubt do not proceed Do not work on verges of highways where the speed limit exceeds 40mph Awareness of vehicles	M	Remind volunteers of control measures Supervision Seek medical attention in the event of injury	Group Leader All volunteers	Before start of litter pick During litter pick	
Paths – impact with bicycles	Awareness of other users e.g. pedestrians and bicycles	L	Remind volunteers of control measures Seek medical attention in the event of injury	Group leader All volunteers	Before and during litter pick	
Lone working – violence, illness	Do not work alone – keep in sight of other volunteers	L	Remind volunteers of control measures	Group leader All volunteers	Before and during litter pick	
Refuse, litter, broken glass – general injury	Pick up only general litter Do not collect medical waste or syringes	L	Remind volunteers of control measures Refer medical waste/syringes to TVBC	Group leader All volunteers TVBC	Before, during and after litter pick	

Tools/Equipment	Use litter pickers as supplied and trained Use equipment as trained, if appropriate Use sacks supplied Use suitable gloves <u>at all times</u> High visibility clothing should be worn <u>at all times</u> Use any other appropriate protection depending on equipment in use	L	Remind volunteers of control measures TVBC to supply litter pickers, sacks (and gloves?)	Group leader TVBC All volunteers	Before And during litter pick	
Accidents/incidents	First aid box available Mobile phone – ensure charged	L	Remind volunteers of control measures	Group Leader to provide emergency first aid and refer injured person for medical attention if required		
Trees, shrubs and irritant/dangerous plants – allergic reaction, etc.	Awareness of risk and keep look out for potential hazards e.g. low limbs Awareness of dangerous/irritant plants and possible adverse reactions. Awareness of thorny/prickly plants Use gloves at all times and wash hands after contact and before eating, drinking or smoking.	L	Remind volunteers of control measures TVBC to advise if any known dangerous/irritant plants in area of work	Group Leader TVBC All volunteers	Before start of litter pick During litter pick	
Biological – Weils disease, Hep B&C, Tetanus	Awareness of risk from clinical waste, syringes, water(weils disease-rats) All volunteers to have up to date tetanus	L	Remind volunteers of control measures	Group leader All volunteers	Before start of litter pick	
Upper limb disorders – aching	Ensure sufficient breaks are	L	Remind volunteers of control	Group leader		

limbs	taken Rest regularly		measures	All volunteers		
Violence and aggression	Awareness of potential for aggressive or difficult people in the area Withdraw rather than face conflict Keep with other volunteers		Remind volunteers of control measures Report any incidents to TVBC and Police	Group Leader	Before, during and after litter pick	
Weather	Adjust programme to avoid extremes Stop work if conditions warrant Do not work if extremely cold Wear protection if working in the sun – keep in shade during the hottest part of the day		Remind volunteers of control measures Postpone litter pick if weather extreme	Group Leader	Before start of litter pick During litter pick	
Welfare	Wash hands thoroughly before commencing comfort breaks. Wash hand thoroughly before eating, drinking or smoking Establish location of nearest toilet facilities. If no facilities nearby, reduce working time Provide hand wipes if running water not available		Remind volunteers of control measures	Group leader All volunteers	After litter pick	

Control Measures in Place		Yes				
Group Leader/Organiser	Print Name	Signed:		Date:		